



NASA

SPACESTATION
LIVE

1
00:00:08,390 --> 00:00:06,550
nasa's culinary challenged students from

2
00:00:10,629 --> 00:00:08,400
all across the country to develop a

3
00:00:12,629 --> 00:00:10,639
recipe for flight that is create a meal

4
00:00:14,709 --> 00:00:12,639
that astronauts would enjoy in space and

5
00:00:16,950 --> 00:00:14,719
given the dietary restrictions that was

6
00:00:18,310 --> 00:00:16,960
no easy task it was a huge learning

7
00:00:19,990 --> 00:00:18,320
experience for all these classes

8
00:00:21,349 --> 00:00:20,000
including for one right here in

9
00:00:23,349 --> 00:00:21,359
huntsville from the huntsville center

10
00:00:25,429 --> 00:00:23,359
for technology they made it all the way

11
00:00:29,109 --> 00:00:25,439
to the top ten but could their tasty

12
00:00:35,190 --> 00:00:32,630
we're excited to be in the nasa culinary

13
00:00:36,870 --> 00:00:35,200

hunch challenge we're excited to go to

14

00:00:38,549 --> 00:00:36,880

houston i think it's going to be a good

15

00:00:39,910 --> 00:00:38,559

experience going to the johnson space

16

00:00:40,869 --> 00:00:39,920

center food lab

17

00:00:42,790 --> 00:00:40,879

um

18

00:00:45,350 --> 00:00:42,800

i just can't wait good to see their

19

00:00:48,069 --> 00:00:45,360

kitchen get to see everything they do so

20

00:00:50,950 --> 00:00:48,079

that is like amazing to see what they

21

00:00:52,869 --> 00:00:50,960

have in there versus what we have so i'm

22

00:00:54,310 --> 00:00:52,879

really happy to go up there because i've

23

00:00:55,910 --> 00:00:54,320

never been there so i'm really happy to

24

00:00:58,709 --> 00:00:55,920

go and see what they have getting right

25

00:01:01,110 --> 00:00:58,719

in our dishes they um a quick brown rice

26

00:01:03,510 --> 00:01:01,120

mexican paella it was an indian dish

27

00:01:05,429 --> 00:01:03,520

before but we had to um put our own or

28

00:01:07,670 --> 00:01:05,439

change it to make it our own we tried

29

00:01:10,310 --> 00:01:07,680

many different entrees before that like

30

00:01:12,230 --> 00:01:10,320

we tried ratatouille we tried

31

00:01:15,270 --> 00:01:12,240

multiple ones and they didn't really

32

00:01:17,109 --> 00:01:15,280

turn out cool processes it's like hard

33

00:01:19,190 --> 00:01:17,119

but you have to like

34

00:01:21,510 --> 00:01:19,200

pay attention to all the details if a

35

00:01:23,190 --> 00:01:21,520

meal going to anyone else you don't

36

00:01:24,230 --> 00:01:23,200

really have to look for the salt or

37

00:01:26,710 --> 00:01:24,240

anything like that you just have to make

38

00:01:28,070 --> 00:01:26,720

sure it tastes really really good but

39

00:01:29,590 --> 00:01:28,080

you go into space you have to make sure

40

00:01:31,830 --> 00:01:29,600

the salt is right you have to make sure

41

00:01:33,990 --> 00:01:31,840

it looks good when you get dehydrated

42

00:01:36,230 --> 00:01:34,000

you have to just look at a lot of stuff

43

00:01:39,030 --> 00:01:36,240

you have to use less sodium because um

44

00:01:41,270 --> 00:01:39,040

taste buds are off in space so we have

45

00:01:42,310 --> 00:01:41,280

to use more spicy foods because they can

46

00:01:44,630 --> 00:01:42,320

taste that

47

00:01:46,230 --> 00:01:44,640

all of my teammates we are really close

48

00:01:48,469 --> 00:01:46,240

and we get along very well so it wasn't

49

00:01:50,550 --> 00:01:48,479

hard for us to bond when we were doing

50

00:01:54,149 --> 00:01:50,560

during this experience um

51
00:01:55,429 --> 00:01:54,159
we talked a lot when we were cooking and

52
00:01:58,630 --> 00:01:55,439
i don't know we're just having fun

53
00:02:00,550 --> 00:01:58,640
together as a team my team is crazy

54
00:02:03,270 --> 00:02:00,560
it's been fun

55
00:02:06,310 --> 00:02:03,280
it's been a lot of back and forth but

56
00:02:08,070 --> 00:02:06,320
it's been fun being with them every day

57
00:02:09,430 --> 00:02:08,080
cooking with them and everything it's so

58
00:02:11,190 --> 00:02:09,440
fun and

59
00:02:13,430 --> 00:02:11,200
you know learning different people and

60
00:02:16,309 --> 00:02:13,440
how they cook and everything and all

61
00:02:18,229 --> 00:02:16,319
that fashion is gonna love it it's gonna

62
00:02:19,510 --> 00:02:18,239
be amazing

63
00:02:21,270 --> 00:02:19,520

so here at the huntsville center for

64

00:02:22,630 --> 00:02:21,280

technology i'm with their instructor

65

00:02:24,869 --> 00:02:22,640

karen rodriguez

66

00:02:27,910 --> 00:02:24,879

and tell us did the astronauts like it

67

00:02:30,630 --> 00:02:27,920

they sure did they uh enjoyed it so how

68

00:02:33,990 --> 00:02:30,640

did you get into this competition um the

69

00:02:35,350 --> 00:02:34,000

nasa representative for uh hunch bob

70

00:02:37,110 --> 00:02:35,360

zeke

71

00:02:39,430 --> 00:02:37,120

dropped by when he was here to see our

72

00:02:40,869 --> 00:02:39,440

other instructors and said here would

73

00:02:42,630 --> 00:02:40,879

you like to do this

74

00:02:45,430 --> 00:02:42,640

and we had some interest and we said

75

00:02:47,910 --> 00:02:45,440

sure why not you have the opportunity to

76
00:02:50,070 --> 00:02:47,920
go to johnson space center to the food

77
00:02:51,430 --> 00:02:50,080
lab where they create all this and tell

78
00:02:52,630 --> 00:02:51,440
us about the competition what went on

79
00:02:56,150 --> 00:02:52,640
there

80
00:02:58,790 --> 00:02:56,160
we arrived at the competition and

81
00:03:02,630 --> 00:02:58,800
it was really exciting walking in

82
00:03:04,710 --> 00:03:02,640
and then setting up and getting ready

83
00:03:05,670 --> 00:03:04,720
looking at the other teams and what they

84
00:03:07,509 --> 00:03:05,680
did

85
00:03:09,670 --> 00:03:07,519
and then hearing um

86
00:03:10,869 --> 00:03:09,680
people talk about

87
00:03:13,670 --> 00:03:10,879
uh

88
00:03:15,110 --> 00:03:13,680

the the johnson food lab that was very

89

00:03:16,070 --> 00:03:15,120

interesting

90

00:03:19,030 --> 00:03:16,080

so

91

00:03:21,430 --> 00:03:19,040

you had astronauts judge it is that

92

00:03:23,990 --> 00:03:21,440

right is that there were some astronauts

93

00:03:25,190 --> 00:03:24,000

and then some employees from the johnson

94

00:03:27,350 --> 00:03:25,200

food lab

95

00:03:29,670 --> 00:03:27,360

and a few other people

96

00:03:31,990 --> 00:03:29,680

there was about 12 judges

97

00:03:33,990 --> 00:03:32,000

so would you do it all over again oh of

98

00:03:36,229 --> 00:03:34,000

course i can't wait till next year you

99

00:03:38,470 --> 00:03:36,239

had a great group of girls and how did

100

00:03:40,789 --> 00:03:38,480

you decide what you were going to make

101
00:03:42,710 --> 00:03:40,799
they did a lot of experimenting i made

102
00:03:44,149 --> 00:03:42,720
them pick three recipes and we tested

103
00:03:45,030 --> 00:03:44,159
the recipes

104
00:03:46,949 --> 00:03:45,040
and

105
00:03:50,309 --> 00:03:46,959
we looked at the

106
00:03:52,229 --> 00:03:50,319
guidelines as far as fiber fat sugar

107
00:03:54,390 --> 00:03:52,239
content those kind of things and we

108
00:03:56,710 --> 00:03:54,400
narrowed it down to one it was an indian

109
00:03:57,830 --> 00:03:56,720
dish and they ended up changing it to a

110
00:04:00,949 --> 00:03:57,840
mexican

111
00:04:03,110 --> 00:04:00,959
dish that was a little more colorful

112
00:04:06,309 --> 00:04:03,120
and you said it was spicy and

113
00:04:08,309 --> 00:04:06,319

healthy healthy yes yeah high fiber

114

00:04:09,830 --> 00:04:08,319

and spicy

115

00:04:11,030 --> 00:04:09,840

you guys came in

116

00:04:11,910 --> 00:04:11,040

third place but you're still going to

117

00:04:14,309 --> 00:04:11,920

get

118

00:04:16,469 --> 00:04:14,319

something in in your in a cookbook right

119

00:04:18,789 --> 00:04:16,479

yes the recipe will go in a

120

00:04:20,550 --> 00:04:18,799

nasa cookbook all right so all the

121

00:04:22,550 --> 00:04:20,560

astronauts and and all of us can enjoy

122

00:04:24,230 --> 00:04:22,560

it here on earth we can see tasty and

123

00:04:26,070 --> 00:04:24,240

healthy and they'll look forward to next

124

00:04:29,030 --> 00:04:26,080

year but third place congratulations oh

125

00:04:30,950 --> 00:04:29,040

yes thank you very much thank you

126

00:04:32,629 --> 00:04:30,960

yes congratulations to them again and to

127

00:04:34,629 --> 00:04:32,639

the winning team from passaic county

128

00:04:37,430 --> 00:04:34,639

technical institute from new jersey

129

00:04:39,350 --> 00:04:37,440

where they're winning red pepper risotto

130

00:04:41,590 --> 00:04:39,360

now their entree will be processed for

131

00:04:43,270 --> 00:04:41,600

flight for the astronauts to try on the

132

00:04:44,550 --> 00:04:43,280

international space station in a close

133

00:04:46,710 --> 00:04:44,560

second was another team from right here